



Awaken | Renew | Create

An In-Person Retreat with Teacher Wei

May 6 – 12, 2026 | Wed-Tues | 6 nights

San Francisco Bay Area, CA, USA

The highest level of purpose in Mingjue practice: To experience True Self.

The World Consciousness Community is delighted to host Teacher Wei Qifeng for another transformative in-person retreat in Northern California! Join us this Spring at the serene [Vallombrosa Center](#) in the beautiful San Francisco Bay Area.

Description

This 7-day, 6-night retreat is designed to awaken higher consciousness, renew your life force, and create harmony and health in your life. This is an extraordinary opportunity to learn and experience life-changing practices from Teacher Wei, supported by a group of teachers, healers, and dedicated practitioners of collective field qigong and qi science.

- Collective field meditations
- Simple, powerful qigong movement methods
- Teaching sessions

- Healing sessions (self-healing and group healing)
- Community
- Nourishing food
- Beautiful natural surroundings and walking paths

Guiding Themes of this Retreat

AWAKEN: Be guided to experience a state of oneness with the universe (*tian ren he yi*), which activates deep healing and brings an extraordinary sense of awakened peace and universal love. Learn methods to bring this beautiful state into your daily life.

RENEW: From this awakened space engage in practices designed to clear old blockages, release emotional patterns, and invite source energy to revitalize and regenerate your entire system. Support the even flow of abundant qi throughout your body, boosting resilience and overall well-being.

CREATE: Develop, train and learn to awaken and sustain higher states of consciousness. Come into deeper knowledge of mingjue – the awakened self – and deepen your capacity to embody and express mingjue consciousness amidst the demands of everyday living.

Participate in and utilize the powerful effect of the collective field for self-healing and group healing sessions. Enrich your understanding of the theories and philosophy behind qi science, including introductory and advanced concepts of what qi is and the role it plays in healing, the development of higher consciousness, and personal transformation. This retreat will advance individual and collective access to the inner stillness and silence that is our ultimate teacher. It has been intentionally designed by Teacher Wei to deepen and refine experience through a combination of sincerity of purpose and profound practice.

About the Teacher

Wei Qifeng is a master teacher and healer in the lineage of Zhineng Qigong. He studied directly with Dr. Pang Ming, the renowned founder of Zhineng Qigong and Qi Science who is a doctor trained in both Eastern and Western medicine.

Learn more about Teacher Wei [here](#).

Sample Daily Class Schedule

Morning Practice 7:00am - 8:00 am

Breakfast 8:00 am

Mid-Morning Practice 9:30 am to noon

Lunch noon

Teachings & Practice 3:00 pm to 5:30 pm

Dinner 6.00 pm

Evening Teachings & Practice 7:30am to 9:00 pm

Arrival & Departure

Check-in time is 4:00 pm on May 6. An evening practice will be offered on the first day, for those arriving in time to join us. Check-out is 11:00 am on May 12, and a morning session before breakfast will be offered for those wishing to join.

Accommodations

Standard rooms are single-occupancy with twin beds. A limited number of double-occupancy rooms are available upon request on a first come, first served basis. All rooms are on the ground floor, and have attached bathrooms.

Meal Service & Dietary Needs

The culinary team at Vallombrosa Center offers up healthy, simple and delicious meals (3 meals a day). If you have any specific dietary needs – such as vegan, vegetarian, gluten-free, nut or dairy allergies etc – please make sure to include these details in the appropriate section of the registration form. The organizers will make sure to inform the kitchen ahead of time.

About the Retreat Center

Vallombrosa Center welcomes people of various faith traditions to be nourished through spiritual and educational experiences in a peaceful, natural setting. Located on beautiful grounds in Menlo Park, Vallombrosa provides comfortable accommodations and a tranquil environment perfectly suited for deep practice, collective healing, and inner transformation. Learn more [here](#).

Address & Directions

Vallombrosa Center is approximately 30 minutes from San Francisco Airport (SFO) and 45 minutes from San Jose Airport (SJC). Rideshares like Uber or Lyft are the easiest way to get there. The center does not have shuttle service. If you are driving, free parking is available on-site.

Vallombrosa Center

250 Oak Grove Avenue

Menlo Park, CA 94025

[View on Google Maps](#)

Course Materials

We strongly recommend the [Mingjue Awakening book](#) as a course companion. It's available for purchase in English as a PDF or paperback, and in Spanish as a PDF or paperback.

Retreat Fees

Registration Fee: USD \$1,999 per person — inclusive of room and board, and tuition.

Early-Bird Discount: USD \$100 off — Register and pay by December 31, 2025 for a total of \$1,899.

Payment: Full payment is due at registration to secure your spot.

Registration Closing Date: March 31, 2026

Please note that we may sell out prior to this date, so we recommend completing payment, and submitting the form to confirm your registration as soon as possible.

Cancellation Policy:

There is a \$500 cancellation fee regardless of the cancellation date.

FAQs

Can I arrive before the retreat begins or leave after the end of the retreat?

At this time, the retreat center can only accommodate stays for the retreat dates. Practices on the first and last day are optional, in case they do not align with your travel plans, but we do recommend attending them if possible. Please note that the retreat fee is a set amount, based on a group booking, so there are no discounts or changes to the fee structure for late arrivals or early departures.

I have dietary sensitivities and am planning on bringing my own food. Can I get a reduced rate on my accommodation fee?

The retreat fee is fixed, based on a group booking, so there are no discounts or changes.

Is it possible to pay a day rate for attending the retreat, but not stay at the retreat center?

No.

Will translation be available at this retreat for languages besides English?

This retreat is being conducted in English only. Teacher Wei offers retreats in other regions of the world, as well as in China, which are available in multiple languages. Please visit daohearts.com for a list of upcoming retreats in other languages.

I have serious health concerns/conditions. Should I attend this retreat?

If you have a medical condition, please consult your doctor before you register for the retreat.

Is Vallombrosa Center wheelchair accessible?

Please note: Vallombrosa is not an ADA accessible facility. The center has stairs and uneven terrain. If you have mobility concerns, please contact Regina Dell'Oro at daoinmotion@gmail.com to discuss your specific needs.

Registration

To register for the 2026 retreat, please fill out and submit [this registration form](#). It includes a link and details for completing payment.

We look forward to welcoming you to be part of this transformative retreat!

When we practice, we don't just practice for ourselves.

We practice as the whole collective consciousness field

– all hearts merged as one.