



FISRT TIME IN TURKEY

09-13  
NOVEMBER

MINGJUE GONGFU

# Zhineng Qigong Healing Retreat

with Master Wei Qifeng



THE WORLD  
CONSCIOUSNESS  
COMMUNITY



# About Wei Qifeng

Wei Qifeng is a Chinese qigong teacher. His practice name is Daoheart, which means “heart merged with the Dao”. He has been practicing Zhineng Qigong for more than 30 years. His path has taken him to find the pure and simple essence of Daoism, Buddhism, all kinds of qigong, taiji and yoga in which he found the principles of the universe, life and consciousness.



When he graduated, Dr. Pang He Ming gave him a message to put all his efforts into developing and sharing Zhineng Qigong, which has continued to inspire him ever since.

Since 1995, he has regularly guided practices for the team of teachers and therapists at the Huaxia center (Medicine-less Hospital). At the same time, he was part of a selected group of teachers to teach the new methods created by Dr. Pang. In 1999, he joined the care team. For nearly 15 years, he has traveled the world to lead workshops to share confidence, unconditional love, awakening and joy through the practice of Zhineng Qigong. He has been teaching these essential principles for more than 25 years and thousands of students have benefited from his teachings in about 40 countries.

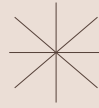


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TRANSFORM YOUR LIFE THROUGH THE MASTERY OF CONSCIOUSNESS.

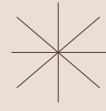


# *About the Retreat*



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# About the Retreat



To participate in this retreat means opening ourselves to an experience full of vitality, joy and healthy transformation. It means opening the heart to realise that the universe is changing instant to instant, that we are the universe and that it is possible to choose the messages we give ourselves to improve our lives. With no doubt, it is a unique opportunity to experience the power of the qi, consciousness and information field which smilingly shows us the magnitude of the experience of the Being.

WHEN: From November 9th to 13th 2024 (5 days)

WHERE: Olive Garden Retreat - Milas / Turkiye

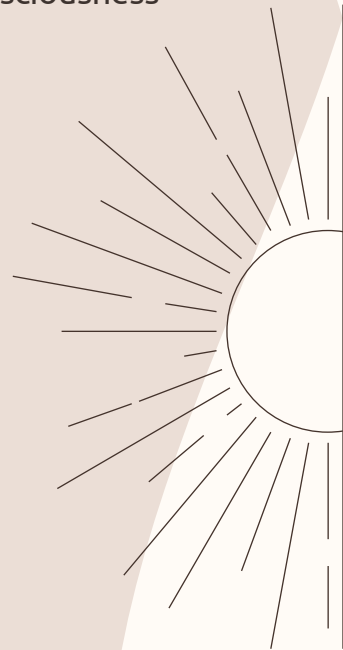
TEAM: Gözde Ergüç and other ZQ teachers in Turkiye

LANGUAGE: The retreat will be in English with translation into Turkish.

## *Who Can Attend:*

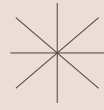
It is open to everyone regardless of your level of knowledge or practice of qigong. Whether you are a novice or an experienced practitioner, you will find in this training a theoretical and practical package capable of improving your life, your vitality and your level of practice.

- Who are looking for an effective way to be in an healthy state and improve awareness
- All people who want to achieve good physical, emotional, energetical and mental health
- All people who want to experience a deep meditative state (awakened pure consciousness) and to develop super abilities of the consciousness with unconditional love, freedom and joy
- Practitioners of Zhineng QiGong, QiGong, Taiji, TCM, Yoga, Taoists, Buddhists...
- All practitioners of Traditional Chinese Medicine, energy and consciousness therapists, psychotherapists...

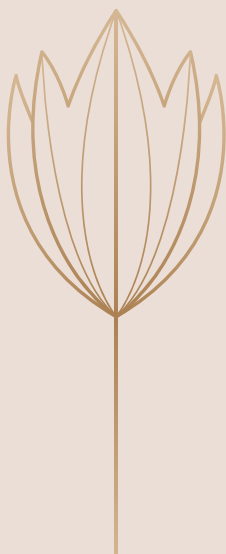


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# *Contents of the Retreat*



- Learn to awaken your consciousness, to learn who you are and live more freely, being happy with yourself, feeling complete, in peace and joy (the practice of mingjue: returning to the true self to go beyond everything)
- Learn to create a qi field, an information field and a consciousness field to transform and improve the energy and the information in yourself, in your family and the world
- Learn to mobilize inner qi and universe qi, experiencing it by yourself to improve your health and create harmony
- Practice simple and effective qigong methods
- See through and break the limitations and fixations created by the mind
- Experience acceptance, creativity, unconditional love and gratitude
- Find and treat the roots of your illness
- Transform emotional blockages
- Open inner space, experience deep union with the universe, and transform energy blockages
  - Make energy and blood abundant and circulate well
  - Practice mingjue healing through the information sent by your true self
  - Healing practice combining small group healing and large qi field healing



MINGJUE

PURE CONSCIOUSNESS

# About Timetable



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## Day 1 - Saturday 9th:

- 14:00 - Welcome meeting
- 16:00 - Opening / Practice
- 19:00 - Dinner
- 20:30 - Practice

## Following Days:

- 07:00 - Practice
- 08:30 - Breakfast
- 10:00 - Theory / Practice
- 13:00 - Lunch
- 16:00 - Practice / Theory
- 20:00 - Dinner / Sharing, Games, Music, Dance...

## Closing -Wednesday 13th:

- 07:00 - Practice
- 08:30 - Breakfast
- 10.00 - Practice and closing Lunch
- 13:00 - Lunch

(Program flow may vary)

# About Food



The overarching philosophy for the restaurant is "From Field to Table". There are seasonal menus to take best advantage of the produce they grow in their organic vegetable garden and greenhouses. They also supply natural fresh products the local community, like fresh fish and cheeses from a nearby dairy.

A salad made from leaves that have been freshly gathered from the field, eggs that have been laid by their chickens, freshly baked breads, a hearty well-known Turkish Village breakfast (a delightful spread of fresh bread, cheeses, olives, salad and eggs with a selection of jams and honey) add flavor to the retreat .

For lunch they offer a choice of light meals to keep you going until dinner from toasties to salads or if you prefer your main meal of the day.

If you have any special dietary requirements, please let us know so that we can accommodate these for you.



vegetarian



vegan



gluten free



lactose free



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# *The Training Place*





# *The Training Place*



Yenice Vadi offers you moments of calm to start your day with the first rays of the sun and embrace an energetic morning, and its nature finds you, bringing with it calmness and joy to de-stress and relax. Located in southwestern Turkey, Yenice Vadi is surrounded by an abundance of trees such as pine, almond, olive and fruit trees and contains a spectrum of wildlife.

Starting life as an agricultural area, Yenice Vadi, true to its origins, grows its own organic vegetables and has a farm where they feed the animals.

In the market area, guests can browse and buy locally produced handicrafts, homemade jams, syrups, olive oil and honey, as well as antiques. They harvest lavender beds and produce organic lavender oil.

# *The Training Place*



The venue's spacious workspace is ideal for relaxing and practicing Qigong.

The on-site Turkish Bath aims to give guests an authentic Turkish experience of this ancient process of cleansing and relaxing the body.

The freshwater lake is a perfect habitat for water lilies and wildlife and the pool is available for use.

There are many places within an easy driving distance, half an hour to the beach or Mugla or 1, 2 or 3 hours to visit some important Greco-Roman sites such as Ephesus.

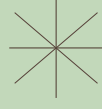
Wireless internet is available on site.



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# Registration

To register please contact [bilgi@gozdeerguc.com](mailto:bilgi@gozdeerguc.com)

The entire training will be translated  
from English to Turkish.

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# Registration

## *Training Costs:*

- Early bird (if you register before June 30, 2024) yearly course

Mingjue student: 330€. Afterwards, 380€

- Early bird (if you register before June 30, 2024): 380€. Afterwards, 430€

To participate fewer days, please consult your organizer.

If you have a small budget, contact the organizer. Money should not be a barrier to participating in this retreat.

## *Hotel and Meal Cost:*

The reservation is full board.

### **HOTEL ROOMS:**

Number of Rooms: 12 - Number of Beds: 25

Hotel Rooms Prices:

Double Bed for Single Person: 130 €

For Two People

Single Bed: 65 € - Double Bed: 60 €

Single Bed for Three People: 60 € - Double Bed: 55 € - Extra Bed: 60 €

### **HOUSE PRICES / BUNGALOV:**

Number of Bungalov Rooms: 7 - Number of Beds: 18

Bungalov Prices:

Double Bed For Single Person: 140 €

For Two People

Single Bed: 70 € - Double Bed: 65 €

Single Bed For Three People: 65 €

### **HOUSE PRICES / STONE AND TREE HOUSES:**

Stone And Tree Houses Number Of Rooms: 3 - Number Of Beds: 9

House Prices:

Capacity Of The House (3-4) House Price: 240 €



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# Registration

## HOUSE PRICE / VILLA:

Number Of Villa Rooms: 2 - Number Of Beds: 4

Villa Price:

Capacity Of The House (4 - 5) - House Price: 380 €

## TENT PRICES / GLAMPING TENT:

Glamping Tent Number Of Rooms: 15 - Number Of Beds: 30

Glamping Prices:

Double Bed For Single Person: 90 €

Single Bed For Two People: 45 €

It Has A Shared Toilet.

## What Is Included In The Price:

- 3 Meals (One light meal)
- Use of Turkish Bath and Sauna
- Internet
- Unlimited tea and coffee service at meals

## To benefit from the early bird price:

- Sending a deposit of €100 to the organizer (training fee).

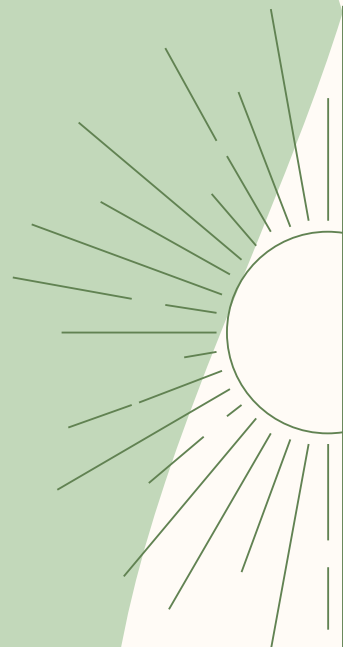
The rest of the payment will be made by hand upon arrival at the retreat center.

- %20 of of the accommodation payment must be made before the appointed date.

The rest must be paid 30 days before the start of the training.

## Not Included:

Minibar or transfers.



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You will receive the reservation form when you register by contacting the organizer. You will find the address on the registration form.

**Complementary information:**

If you are vegetarian, you can indicate it when registering.  
If you have significant health difficulties, please let us know before registering.  
Should you have any doubts, please contact the organizer by WhatsApp  
(Gözde Ergüç +905326730771)

**How to reach to the venue:**

Yenice Mahallesi, Karşıyaka Sokak No:215, Menteşe, Muğla, 48100, Türkiye  
Phone: +90 532 5630248 | +44 7785 242047  
Email: info@yenicevadi.com.tr  
Dalaman and Bodrum airports are both approximately  
a 1 hour 20 minute transfer to us.

About the places to visit please check  
the link of the retreat place:

<https://yenicevadi.com/places-to-visit/>



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