

CONSCIOUSNESS, QI AND BODY IN HARMONY

THEORY AND PRACTICE WORKSHOP WITH MASTER WEI QIFENG

15 - 21 SEPTEMBER 2024

CONTENTS and OBJECTIVES of the SEMINAR

Guided by Master Wei and supporting each other, we will practice to transform and improve everyone's energy and information.

Supported by the QiField, Information Field and Consciousness Field we will:

1. Awaken Consciousness: through conscious observation we will learn to know better who we are and in doing so to undertake the path to obtain freedom, peace and serenity.
2. Experience the state of pure Consciousness (Mingjue) and its ability to transform
3. Improve health and create harmony: through dynamic and static positions, through the use of conscious breathing and inner observation, we will experience and mobilize internal Qi and nature Qi.

ADVANTAGES of the practice:

- understand the basic principles of the Theory to make the practice more effective.
- make Qi abundant and flow well so as to increase the vitality and flexibility of the body, improving the health of body and mind
- improve family relationships and relationships in general, making them more harmonious.

- improve the level of one's consciousness, understanding the limitations and fixations of reference frameworks, the emotional blockages related to them and in doing so, to obtaining true and lasting happiness

WHO is it aimed at?

- to you who are looking for an effective way to be in an healthy state and improve your awareness
- to all people who want to achieve good physical and mental health
- to practitioners of Zhineng QiGong, QiGong, Taiji, Yoga, Taoists, Buddhists...
- to all practitioners of Traditional Chinese Medicine, energy and consciousness therapists, psychotherapists...

Our Master

Wei Qifeng, Chinese practitioner and teacher of QiGong, has been practicing QiGong for more than 30 years and teaching it for 25, he has discovered the simplest and purest essence of Taoism, Buddhism, all the styles of QiGong, Taiji and Yoga; this essence is the principle of the universe, life and consciousness.

Tens of thousands of students benefit from his teachings in approximately 40 Countries around the world.

Since 2006 he has chosen to focus his teachings on the state of Pure Consciousness, together with the practice of movements, to increase an higher state of awareness.

In 2018 he contributed to the birth of the “World Consciousness Community”, with the aim of building a field of global consciousness of heart-to-heart connection and support for each other, to create love, peace, happiness and gratitude in every individual and all over the world.

THE WORKSHOP WILL BE HELD IN ENGLISH LANGUAGE WITH SIMULTANEOUS TRANSLATION INTO ITALIAN

SEMINAR COSTS:

€540 **Early Bird before 15.04.24**

€600 with booking from 16.04.24 to 30.06.24

€620 with booking from 1.07.24 to 15.08.24

The cost of the seminar will be paid in cash upon arrival.

ACCOMMODATION and BOARD COSTS: they vary depending on the type of room chosen.

Room costs include breakfast, lunch and dinner.

Find the details below

THE STRUCTURE: AGRITURISMO LE CASE-COUNTRY RESIDENCE

Located 10 km from Assisi, the farmhouse is a small country village merged in the beautiful setting of the Monte Subasio Natural Park, among streams and woods, livestock farms and organic crops.

Structure costs

Room costs include breakfast, lunch and dinner, **per day per person.**

- Single room €110.00
- Double room €80.00
- Triple room €75.00
- Quadruple room €70.00

The restaurant: the food offered on this occasion will be vegetarian with vegan options, and will include typical dishes of the Umbrian tradition, with natural and organic products from the area.

Website: <https://lecase.biz>

HOW TO GET:

The farmhouse is located 10 km from the center of Assisi.

Location: https://maps.app.goo.gl/bYKyuQM7tWKmNeu57?g_st=iw

There is a shuttle service from Assisi center, to be paid separately (fee to be defined based on the number of people)

Nearby airports: Perugia, Florence, Rome Fiumicino

From Rome Fiumicino airport: connection service with Assisi by train or bus

From Perugia airport: connection service with Assisi by bus

From Florence airport: connection service by train from the S.M.N. station

“Through the practice of pure consciousness – Mingjue – we can achieve a harmonious and stable state of mind, balance the energy of the whole body and eliminate all kinds of diseases.”

- Wei Qifeng

<https://www.daohearts.com>

WORKSHOP BOOKING

If the information is clear and you want to access the booking procedure, fill out the form by clicking the following link:

<https://forms.gle/9kfCow4PAsw4yoMa8>

After completing the form you will receive an email with the link to complete the booking; to formalize enrollment on the course it will be necessary, at the time of booking the accommodation, to pay a 30% deposit to the structure, **which is not refundable**. After the payment of the deposit, the reservation will be considered made.

If you need further information, contact us, we will be happy to answer you.

CONTACTS OF THE ORGANIZERS:

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South: Delia 320.1540029 - Stefania 335.409879

“Cultivating qi is not the fundamental thing; cultivating one's spirit is. Mastery of qi is actually achieved through mastery of consciousness.”

- Doctor Pang Ming - Founder of the science of Zhineng Qigong